

Tennessee DOC



Sack Lunch Menu - Mother & Child Visitation

Day 1	2 oz pc 2 pkt 4 sl 1 @ or 1/2 c 1 each (1 1/2 ozw) 8 oz.	Sunbutter Jelly Enriched Bread Fresh or Canned Fruit or Juice Cookies Beverage
Day 2	2 oz / 1 oz 4 sl 2 @ 1 @ or 1/2 c 1/60 cut 8 oz.	Turkey / Cheese Enriched Bread Mustard, pc Fresh or Canned Fruit or Juice Brownie Beverage
Day 3	2 oz / 1 oz 4 sl 2 @ 1 @ or 1/2 c 1/60 cut 8 oz.	T. Ham / Cheese Enriched Bread Mustard, pc Fresh or Canned Fruit or Juice Unfrosted Cake Beverage
Day 4	2 oz / 1 oz 4 sl 2 @ 1 @ or 1/2 c 2 ozw 8 oz.	T. Bologna / Cheese Enriched Bread Mustard, pc Fresh or Canned Fruit or Juice Cookies Beverage
Day 5	2 oz pc 2 pkt 4 sl 1 @ or 1/2 c 1 each (1 1/2 ozw) 8 oz.	Sunbutter Jelly Enriched Bread Fresh or Canned Fruit or Juice Cookies Beverage
Day 6	2 oz / 1 oz 2 @ 4 sl 1 @ or 1/2 c 1/60 cut 8 oz.	T. Salami / Cheese Mustard, pc Enriched Bread Fresh or Canned Fruit or Juice Brownie Beverage

Menu is free of Pork/Pork additives

NOTE: Sack meals must be stored and transported at temperatures of 41F or below in an ice chest provided by the State.

Aramark Dietitian Approval:


S.R., MA, RDH, LDN, #56050046

TDOC Food Services Director/ Dietitian
Approval:

October 2023

Tennessee DOC



Sack Lunch Menu - Enhanced / Work Crew

Day 1	2 oz pc 4 pkt 4 sl 1 @ 1 each (1 1/2 ozw) 8 oz	Peanut Butter Jelly Enriched Bread Fresh Fruit Cookies Beverage*
Day 2	4 oz / 2 oz 4 sl 2 @ 1 @ 1/60 cut 8 oz	Turkey / Cheese Enriched Bread Mustard, pc Fresh Fruit Brownie Beverage*
Day 3	4 oz / 2 oz 4 sl 2 @ 1 @ 1/60 cut 8 oz	T. Ham / Cheese Enriched Bread Mustard, pc Fresh Fruit Unfrosted Cake Beverage*
Day 4	4 oz / 2 oz 4 sl 2 @ 1 @ 1 each (1 1/2 ozw) 8 oz	T. Bologna / Cheese Enriched Bread Mustard, pc Fresh Fruit Cookies Beverage*
Day 5	2 oz pc 4 pkt 4 sl 1 @ 1/60 cut 8 oz	Peanut Butter Jelly Enriched Bread Fresh Fruit Unfrosted Cake Beverage*
Day 6	4 oz / 2 oz 4 sl 2 @ 1 @ 1/60 cut 8 oz	T. Salami / Cheese Enriched Bread Mustard, pc Fresh Fruit Brownie Beverage*

Menu is free of Pork/Pork additives

NOTE: Sack meals must be stored and transported at temperatures of 41F or below in an ice chest provided by the State.

*Inside Work Crew & Chain Bus: 8 oz carton beverage

* Outside Work Crew Beverage: March - October: Bulk Fruit Drink (prepared)

November - February: Instant Coffee (& Hot Water)

Aramark Dietitian Approval:



S.R., MA, RDH, LDN, #66090046

TDOC Food Services Director/ Dietitian
Approval:



Sack Breakfast Menu - Enhanced / Work Crew

Day 1	1 oz pc 2 pkt 2 sl 1 ea 1 @ 1 1/2 cup 8 oz	Peanut Butter Jelly Enriched Bread Hard Cooked Egg Fresh Fruit Cereal Milk
Day 2	2 oz pc 2 pkt 2 sl 1/60 cut 1 @ 3/4 cup 8 oz	Peanut Butter Jelly Enriched Bread Coffeecake or Muffin Fresh Fruit Cereal Milk
Day 3	1 oz pc 2 pkt 2 sl 1 ea 1 @ 1 1/2 cup 8 oz	Peanut Butter Jelly Enriched Bread Hard Cooked Egg Fresh Fruit Cereal Milk
Day 4	2 oz pc 2 pkt 2 sl 1/60 cut 1 @ 3/4 cup 8 oz	Peanut Butter Jelly Enriched Bread Coffeecake or Muffin Fresh Fruit Cereal Milk
Day 5	1 oz pc 2 pkt 2 sl 1 ea 1 @ 1 1/2 cup 8 oz	Peanut Butter Jelly Enriched Bread Hard Cooked Egg Fresh Fruit Cereal Milk
Day 6	2 oz pc 2 pkt 2 sl 1/60 cut 1 @ 3/4 cup 8 oz	Peanut Butter Jelly Enriched Bread Coffeecake or Muffin Fresh Fruit Cereal Milk

Menu is free of Pork/Pork additives

NOTE: Sack meals must be stored and transported at temperatures of 41F or below in an ice chest provided by the State.

***A bowl and spoon/spork will be provided with each meal

Aramark Dietitian Approval: 
S.R., MA, RDN, LDN, #66090046

TDOC Food Services Director/ Dietitian Approval: